



“Managing Your Pathway Through Life”

# Student Learning-Career Planner

Student Name:		ID #:
School	Year	Teacher/Counsellor



## PERSONAL PROFILE

**Interests:** What I like to do

**Competencies:** What I do well (academic, technical, essential)

**Values:** What is important to me

**Favourite Subjects:** What courses do I enjoy the most

**Recognition:** What I have earned (awards, certificates, licenses)

## STUDENT EXPERIENCES



**School Activities** (clubs, athletics)

**Volunteer Experience** (school, community)

**Other Activities** (clubs, hobbies, athletics)

**Work** (paid/unpaid)



# EDUCATION INFORMATION

	GRADE		GRADE		GRADE		GRADE		High School Diploma Requirements
	Mark	Credit	Mark	Credit	Mark	Credit	Mark	Credit	
English Language Arts									30 or 33 to the 20 level 30 or 33 to the 20 level or 10 credits in Science 10 and 14 20 level required 10 level required
Mathematics									
Social Studies									
<b>SCIENCES</b>									
Science									
Biology									
Chemistry									
Physics									
Career and Life Management									
Physical Education									
Fine Arts									See the <i>Guide to Education: ECS to Grade 12</i> for the remainder of graduation requirements.
Course: _____									
Course: _____									
Course: _____									
<b>Second Languages<sup>1</sup></b>									
Course: _____									
Course: _____									
Course: _____									
<b>Career and Technology Studies</b>									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
Course: _____									
<b>Work Experience</b>									
Course: _____									
Course: _____									
Course: _____									
<b>Other Courses</b>									
Course: _____									
Course: _____									
Course: _____									
<b>Average/Credits Earned</b>									
<b>Attendance (days missed)</b>									

<sup>1</sup> Includes French/International and Heritage Languages.



# CAREER PLANNING ACTIVITIES

		GRADE	GRADE	GRADE	GRADE
Self-assessment	<b>Inventories</b> Interests Aptitudes Values Skills Work Preferences Personality Learning Styles				
Investigations	<b>Learning*</b> Post-secondary Apprenticeship Internships On-the-Job				
	<b>Work*</b> Occupation Industry				
	<b>Financial Support</b> Scholarships Awards Grants Loans				
Experience of Work	<b>Part-time Work</b>				
	<b>Job Shadowing</b>				
	<b>Mentoring</b>				
Transition Scenarios*	<b>Scenario #1</b>				
	<b>Scenario #2</b>				
Action Plans	<b>Essential Competencies</b>				
	<b>Learning Capacity</b>				

\* Goal: To complete at least two investigations.



## CAREER GOALS

	Date	Career Goals	Reasons	Steps to Success
GRADE				
GRADE				
GRADE				
GRADE				

## PRESENTATION PORTFOLIO CHECKLIST

- |  |  |
|--|--|
| <input type="checkbox"/> Personal Description (1 page)<br><input type="checkbox"/> Goal Statements<br><input type="checkbox"/> Cover Letter (Targeted)<br><input type="checkbox"/> Résumé (Targeted)<br><input type="checkbox"/> High School Transcripts | <input type="checkbox"/> Credentials/Certificates (Selected)<br><input type="checkbox"/> Reference Letters (Selected)<br><input type="checkbox"/> Related Work Experience (Paid/Unpaid)<br><input type="checkbox"/> Related Occupational/Industry Investigations<br><input type="checkbox"/> _____ |
|--|--|

**Career Planning Principles**

- 1 Change is constant
- 2 Follow your heart
- 3 Team up with your allies / be an ally
- 4 Learning is ongoing
- 5 Focus on the journey



**CAREER PLANNING CHECKLIST**

GRADE \_\_\_\_\_

- update career interest areas
- review high school diploma requirements
- review options after high school
- review post-secondary entrance requirements
- develop/update transition scenarios
- develop/update career portfolio
- develop/review long-term career plan

GRADE \_\_\_\_\_

- build personal career planning reference guide
- visit school/community career centre
- discuss plans with parents/guardian
- discuss plans with career advisor
- review financial needs/resources
- participate in work site learning
- develop job search techniques/tools

**CONSULTATION**



Date	Participants ( teachers, counsellor, parents )	Items Discussed and Follow-up	Signatures
			Student _____ Teacher/Counsellor _____ Parent/Guardian _____
			Student _____ Teacher/Counsellor _____ Parent/Guardian _____
			Student _____ Teacher/Counsellor _____ Parent/Guardian _____
			Student _____ Teacher/Counsellor _____ Parent/Guardian _____